

THE VIP MODEL

ACKNOWLEDGE

CONFRONT

RESOLVE

VALUE

1. EVALUATE CURRENT SENSE
OF VALUE

4. EXPOSE FALSE
UNDERSTANDING

7. ACCEPT NEW MINDSET

IDENTITY

2. DEVELOP UNDERSTANDING
OF TRUE IDENTITY

5. DISCOVER THE ROOT
OF FALSE BELIEF
SYSTEMS

8. ADOPT NEW PATTERNS

PURPOSE

3. DEFINE PURPOSE

6. ESTABLISH TRUTH AND
REPLACE FALSE
BELIEFS

9. PRACTICAL APPLICATIONS

