

# CROWN

## BATTLE MANUAL



YOUNG ROYALTY



HEY YOU, READING THIS...

YEAH, YOU! YOU ARE ROYALTY! DID YOU KNOW THAT?? YOU ARE A KING OR QUEEN, AND YOU HAVE BEEN CARRYING A CROWN WITH YOU FOR YOUR ENTIRE LIFE THAT YOU MIGHT NOT BE ABLE TO SEE...

GO FIND A MIRROR, YOU SEE IT? THAT CROWN ON YOUR HEAD? THAT IS A REMINDER OF HOW AMAZING YOU ARE. YEAH YOU!!!

YOU ARE AMAZING! YOU ARE TALENTED, YOU ARE PRECIOUS, AND YOU ARE AWESOME. HAS ANYBODY EVER TOLD YOU THAT?? IF NOT, YOU NEED A REMINDER. A REMINDER TO REMEMBER YOUR CROWN. TO SHAKE THE DUST OFF YOUR CROWN, SHINE IT UP, AND WEAR IT PROUDLY!

YOU ARE WORTH MORE THAN WORDS CAN SAY, YOU ARE VALUABLE BEYOND MEASURE... IF YOU FIND THAT HARD TO BELIEVE, KEEP READING. THIS IS FOR YOU. IF YOU KNEW THAT ALREADY, KEEP READING! IT'S TIME FOR YOU TO SHARE THIS WITH OTHER PEOPLE! LIVE YOUR CROWN, WEAR YOUR CROWN, SPREAD THE CROWN.

YOU'VE BEEN CROWNED!

- BLAKE AND LIZZIE YOUNG



# HOW TO REMEMBER YOUR CROWN

NOW THAT YOU HAVE REALIZED YOU HAVE A CROWN, YOU MUST LEARN HOW TO KEEP IT ON YOUR HEAD!! THIS HOW-TO GUIDE ON THE NEXT PAGES WILL TAKE YOU THROUGH THE STEPS TO KEEPING YOUR CROWN ON AND SHARING YOUR CROWN WITH OTHERS. FOR EACH QUESTION WE HAVE GIVEN EXAMPLES TO GET STARTED, BUT THINK OF MORE. IF YOU CAN SEE IT, BELIEVE IT AND FOLLOW IT, YOUR LIFE COULD CHANGE FOREVER...



# 1. RECOGNIZE WHAT IS STEALING YOUR CROWN

KNOW WHAT IT IS THAT HAS TRIED TO RIP YOUR CROWN AWAY... WHAT ARE THE THOUGHTS, WORDS, OR ACTIONS THAT HAVE KEPT YOU FROM SEEING YOUR CROWN? THESE ARE CROWN STEALERS AND YOU NEED TO RECOGNIZE THEM IN ORDER TO STAY AWAY! KNOW WHAT THEY ARE AND RUN WHEN YOU SEE THEM COMING.

## WHAT ARE YOUR CROWN STEALERS?

- BAD THOUGHTS
- HARMFUL SUBSTANCES
- HURTFUL PEOPLE
- THINGS THAT FUEL NEGATIVE EMOTIONS
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## 2. FIGHT FOR YOUR CROWN

IN ORDER TO KEEP YOUR CROWN, YOU HAVE TO LEARN TO FIGHT FOR IT. YOU MUST BUILD UP YOUR STRENGTH SO THAT NO CROWN STEALER WILL HAVE A CHANCE AGAINST YOU! FOR EVERY STEALER YOU NEED A SWORD. FIGHT THE LIES WITH TRUTH, FIGHT THE NEGATIVE THOUGHTS WITH POSITIVE ONES, AND FIGHT THE BAD PEOPLE BY REPLACING THEM WITH GOOD PEOPLE IN YOUR LIFE.

### WHAT ARE YOUR SWORDS?

- ENCOURAGING QUOTES
- GOOD FRIENDS
- POSITIVE MUSIC
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### 3. KNOW HOW TO KEEP YOUR CROWN PROTECTED

WHEN STORMS COME, AND THEY WILL, YOU NEED TO KNOW WHERE TO RUN TO FIND SHELTER. THIS COULD BE TO PEOPLE YOU TRUST, SAFE HOUSES, OR ORGANIZATIONS THAT KNOW HOW TO DEAL WITH YOUR SITUATION. FIND SOME SAFE HOUSES AND KNOW HOW TO CONTACT THEM IF TIMES GET ROUGH. DO WHATEVER IT TAKES TO PROTECT YOUR CROWN. YOU ARE WORTH IT!

#### WHERE CAN YOU GO TO PROTECT YOUR CROWN?

- TRUSTED FAMILY MEMBER
- LOCAL ORGANIZATION
- COUNSELLOR OR CHAPLAIN
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## 4. BE THE CHANGE

NOW THAT YOUR CROWN IS SECURELY ON YOUR HEAD, IT'S YOUR TURN TO SHARE THE CROWN WITH OTHERS... IT'S NOW YOUR TURN TO BE EVERYTHING YOU WISH THE WORLD COULD SEE. THE WORLD NEEDS CHANGE, PEOPLE NEED HOPE, AND THEY NEED TO SEE THAT THERE IS HOPE IN PEOPLE LIKE YOU! WEAR YOUR CROWN, SHINE IT OUT FOR THE WORLD TO SEE, AND SHOW PEOPLE THAT THEY HAVE A CROWN TOO! YOU'VE BEEN CROWNED!! NOW GO CROWN SOMEBODY ELSE!!!

PEOPLE THAT NEED TO BE CROWNED:

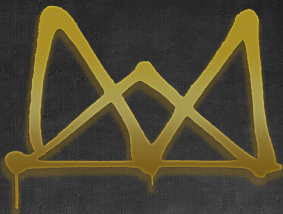
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**I WEAR A CROWN. I WILL  
ALWAYS REMEMBER  
HOW IMPORTANT I AM. I MAY MAKE MISTAKES, BUT  
I AM NOT A MISTAKE.  
MY VALUE HAS NO PRICE TAG.  
I MAY NEVER BE PERFECT, BUT I WILL BE  
THE BEST ME I CAN BE.  
I WILL STAND OUT FROM THE CROWD,  
I WILL BE DIFFERENT AND  
I WILL MAKE A DIFFERENCE.  
I WILL NOT LET THE OPINIONS OF  
OTHERS DEFINE ME. THE WORLD  
WILL BE A BETTER PLACE  
BECAUSE I AM IN IT. WHO I AM IS  
NOT BASED ON MY SURROUNDINGS OR MY  
SITUATION. MY FUTURE IS UP TO ME.  
I AM YOUNG ROYALTY**



**THIS IS A DECLARATION OF WHO WE ARE AND WHAT WE BELIEVE,  
SPEAK THIS OVER YOUR LIFE TO SEE CHANGE FOR THE BETTER.**





**REMEMBER  
YOUR  
CROWN**

**REMEMBER  
YOUR CROWN**



YOUNG ROYALTY